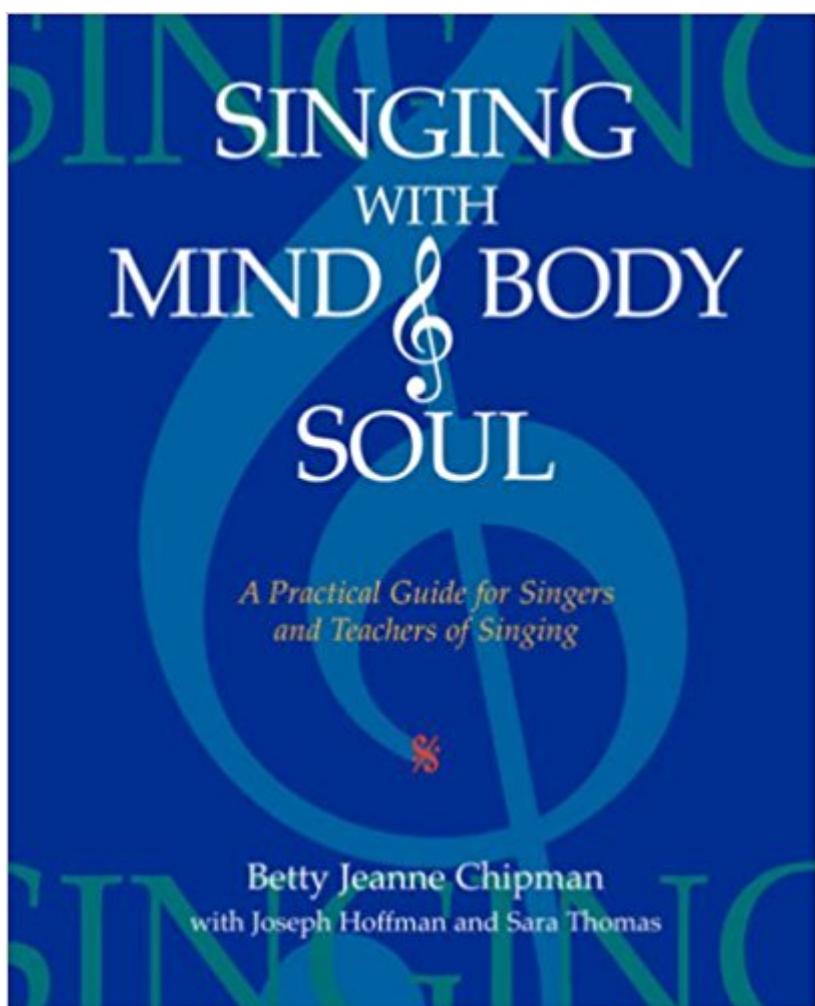


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# Singing With Mind, Body, And Soul: A Practical Guide For Singers And Teachers Of Singing



## **Synopsis**

Singing with Mind, Body, and Soul is unique in that it truly is a practical guide for voice teachers, singers, and choral conductors alike. It outlines in a clear and straightforward way the fundamentals of a healthy vocal technique. Step-by-step tools and exercises are used to achieve a solid, healthy vocal production. Included in each chapter are specific exercises for increasing kinesthetic awareness while singing. The tools, used together with the exercises, retrain the muscles and allow the vocal mechanism to release tension, at the same time keeping energy and vitality in the voice. Singing with Mind, Body, and Soul offers to both singer and teacher a comprehensive guide for beautiful, healthy, soulful singing.

## **Book Information**

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Best Sellers Rank: #143,045 in Books (See Top 100 in Books) #233 in Books > Arts & Photography > Music > Instruments > Voice #1881 in Books > Arts & Photography > Music > Theory, Composition & Performance

## **Customer Reviews**

Singing with Mind, Body and Soul was the required textbook for a college class, so it met that expectation.

THIS AUTHOR TITLE SPEAKS FOR IT SELF...SHE REALLY SHOWS YOU THE PRACTICAL WAY HOW TO USE YOUR MIND,BODY AND SOUL WHEN YOUR SINGING. AND YOU WILL GET RESULTS...I RECOMMEND THIS BOOK TO THOSE WHO WANTS TO LEARN ALL THE BASICS OF LEARNING TO SING....SHE WILL SHOW YOU ALL YOU NEED TO KNOW...

Needed this for my vocal pedagogy class as a junior in college...great book! It's really legit and a great resource to turn to in teaching yourself.

I am a little biased as I knew the author and was fortunate to study with her. This is a GREAT book for every voice teacher to have.

Wise, practical and caring. A great addition to the singing teacher's library, particularly for teaching younger students. I'm sure I will dip into it many times.

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